




## Appendix B Paint Handout

### Words to Know

- **Cutting In** – Painting a clean edge, usually a straight line at the edge of the area painted.
- **Eggshell Paint** - This paint type absorbs light without showing reflection of light sources. An eggshell finish has no luster whatsoever and has a very flat look in any color range.
- **Prime Coat** – first coat in a series of applications of paint.
- **Top coat** – The final coat of paint in a series of paint. Depending upon the surface and the color being used this will vary.

### Additional Notes:

- Prep the windows by applying tape to the perimeter face so that when the returns are painted there is less cleanup. Also prep the tub by taping around the perimeter edge of it.
- Prime all of the walls and ceilings with 1 coat of primer, using brushes to “cut in” all corners and surfaces that cannot be adequately reached with a roller.
- The most effective method of painting with a roller is to paint 2- or 3-square-foot areas at a time. Roll the paint on in a zigzag pattern without lifting the roller from the wall, as if you're painting a large M, W, or backward N. Then, still without lifting the roller, fill in the blanks of the letters with more horizontal or vertical zigzag strokes. Finish the area with light strokes that start in the unpainted area and roll into the paint.
- Begin the finish coat by cutting in the ceiling, and then paint the rest of the ceiling with a roller. A single color of eggshell paint is used on the walls and the ceilings therefore you do not have to worry about a definite / clean cut line between the wall / ceiling.
- Make sure that the tub/shower unit is covered with visqueen.

- Cut in corners, drywall returns and remaining areas where a roller cannot fit and then roll all of the walls with the eggshell paint provided. As noted above all walls and ceilings are the same color eggshell paint therefore clean cut lines between the walls and the ceiling are not necessary.
- Always adequately clean up painting items at the end of each shift. Typically, water-based paints are used, and can therefore be cleaned using only water.

**Safety:**

- Observe all rules and precautions specified under general, tools and ladders.
- Maintain good housekeeping in the work area.
- Wear respiratory protection when sanding and painting as appropriate.
- Be aware of others working in the vicinity. You don't want to miss your mark and strike someone working in the adjacent area.
- Place ladders on solid footing and don't leave any tools or paint on top of ladders.

**Misc. Paint Tools**

Paint Roller Cover



Paint Roller



Paint Roller Tray



Paint Roller Extension Pole



Paint Brush



Roller Screen  
(to be used with a 5 gallon bucket)

